

Anoka-Hennepin Secondary Curriculum Unit Plan

Department:	Career and Technical Education	Course:	Nursing Assistant	Unit 8 Title:	Food and Fluids	Grade Level(s):	11-12
Assessed Trimester:	A	Pacing:	5 Days	Date Created:		Last Revision Date:	11/2014

Course Understandings: *Students will understand that:*

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DESIRED RESULTS (Stage 1) - WHAT WE WANT STUDENT TO KNOW AND BE ABLE TO DO?

Established Goals	
<ul style="list-style-type: none">	
Transfer	
Students will be able to independently use their learning to: (product, high order reasoning) <ul style="list-style-type: none">	
Meaning	
Unit Understanding(s): Students will understand that: <ul style="list-style-type: none">Nutrition is the processes by which the body utilizes nutrients for growth, repair, and maintenance of healthResidents may experience a variety of issues that impact their ability to receive nutrientsThere are a variety of diets designed to meet a variety of needs experienced by residentsFluids are an essential nutrient required to maintain a healthy bodyThe resident’s meal time meets both physical and psychological needsSafety is paramount when feeding a resident	Essential Question(s): Students will keep considering: <ul style="list-style-type: none">How do you feed a resident?What do the residents eat?What safety concerns need to be considered regarding meal time?What is a diet?What needs does mealtime meet?What can impact meal time for a resident
Acquisition	
Knowledge - Students will: <ul style="list-style-type: none">Discuss nutritionDescribe factors which affect the nutritional needs of the residentIdentify types of dietsDiscuss dietary considerations related to cultural/religious diversityDiscuss the importance of fluid balanceDescribe preparations for residents meal time Reasoning - Students will: <ul style="list-style-type: none">Discuss alternative nutrition	Skills - Students will: <ul style="list-style-type: none">I can demonstrate:<ul style="list-style-type: none">feeding a residentmeasure intakegastrostomy tubing safetyintravenous tubing safety

Common Misunderstandings <ul style="list-style-type: none">Where each nutrient can be foundThe role of each nutrient	Essential new vocabulary <ul style="list-style-type: none">aspirationCVA
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<ul style="list-style-type: none">• Why specific preparations need to be made for mealtime	<ul style="list-style-type: none">• dehydration• diet• dietician• dysphagia• essential nutrients• My Plate• intake• nutrition• output• puree• therapeutic diet
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